

# Dental management of sleep disordered breathing

Patient:

**Referral information** From: \_\_\_\_\_  
 Medical need established & prescription documented

**Comprehensive dental care:**  Has dental home: \_\_\_\_\_ Last visit: \_\_\_\_\_

**Diagnosis:**  
 Primary snoring  
 Mild sleep apnea (5-15)  
 Moderate sleep apnea (16-30)  
 Severe sleep apnea (>30)  
 AHI: \_\_\_\_\_

**Subjective symptoms of OSA**

## Clinical examination

**Contraindications**  
 No active or severe periodontal disease  
 No frank hard tissue disease needs  
 More than 10 teeth/arch  
 No overt myofascial or temporomandibular concerns

## Discussion of MAD

**Treatment history:**  
 MAD  success  failure  
 CPAP  success  failure  
 PGNS  success  failure  
 Surgical  success  failure  
 Notes: \_\_\_\_\_

**Discussion of risks**  
 Tooth movement  particular concern  
 Changes in occlusion  particular concern  
 Increase in myofascial pain  particular concern  
 Increase in joint sounds  particular concern  
 Non-retention of restorations  particular concern  
 Loss of heavily restored teeth  particular concern  
 Appliance fit & new restorations  
 Consent signed

**Discussion of prognosis and need for titration and follow-up**  
 Completed  
 Mild 62.3% Moderate 50.8% Severe 39.9%  
 \* generally, CPAP success rate is +20% of MAD

- Scheduled
- Pre-auth sent
- Sent to lab
- Disease control complete
- Pre-auth received
- Delivered
- Titrated

George Gauge protrusive record  
 IO scan

Maximum mandibular retrusion (MMR): - \_\_\_\_\_  
 Maximum mandibular protrusion (MMP): + \_\_\_\_\_  
 Functional range (FR): |MMR| + |MMP| = \_\_\_\_\_  
 Anticipated protrusion (AP): FR \*  .5  .6  .7 = \_\_\_\_\_  
 Starting point for therapy = MMR + AP = \_\_\_\_\_

Somnodent Classic  Somnodent Fusion  Somnodent Herbst  Panthera X3  Panthera Classic  EMA  
 Add elastics:  YES  No