

# Dental management of sleep disordered breathing

Patient:

**Referral information** From: \_\_\_\_\_  
 Medical need established & prescription documented

**Comprehensive dental care:**  Has dental home: \_\_\_\_\_ Last visit: \_\_\_\_\_

**Diagnosis:**  
 Primary snoring  
 Mild sleep apnea (5-14)  
 Moderate sleep apnea (15-29) AHI: \_\_\_\_\_  
 Severe sleep apnea (>30)

**Subjective symptoms of OSA**

## Clinical examination

**Contraindications**  
 No active or severe periodontal disease  
 No frank hard tissue disease needs  
 More than 10 teeth/arch  
 No chronic myofascial pain concerns

## Discussion of MAD

**Treatment history:**  
 MAD  success  failure  
 CPAP  success  failure  
 PGNS  success  failure  
 Surgical  success  failure

**Discussion of risks**

<input type="checkbox"/> Tooth movement	<input type="checkbox"/> particular concern
<input type="checkbox"/> Changes in occlusion	<input type="checkbox"/> particular concern
<input type="checkbox"/> Increase in myofascial pain	<input type="checkbox"/> particular concern
<input type="checkbox"/> Increase in joint sounds	<input type="checkbox"/> particular concern
<input type="checkbox"/> Non-retention of restorations	<input type="checkbox"/> particular concern
<input type="checkbox"/> Loss of heavily restored teeth	<input type="checkbox"/> particular concern
<input type="checkbox"/> Appliance fit & new restorations	
<input type="checkbox"/> Consent signed	

**Discussion of prognosis and need for titration and follow-up**

	Mild	Moderate	Severe
<input type="checkbox"/> Completed	62.3%	50.8%	39.9%

\* generally, CPAP success rate is +20% of MAD

- Scheduled
- Pre-auth sent
- Sent to lab
- Disease control complete
- Pre-auth received
- Delivered
- Titrated

George Gauge protrusive record  
 IO scan

Maximum retrusion (R): - \_\_\_\_\_  
 Maximum protrusion (P): + \_\_\_\_\_  
 Functional range (FR): |R| + |P| = \_\_\_\_\_  
 Anticipated protrusion (AP): FR \* .6 = \_\_\_\_\_  
 Starting point for therapy = R + AP = \_\_\_\_\_

Somnodent Classic     Somnodent Fusion     Somnodent Herbst     Panthera X3     Panthera Classic     EMA

Add elastics:  YES     No